

PVA
Paralyzed Veterans of America
Lone Star Chapter

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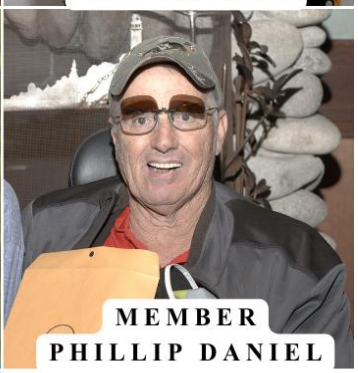

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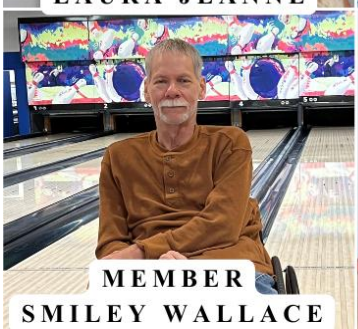

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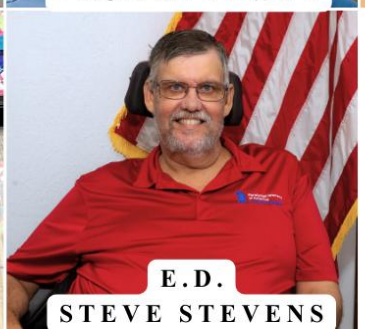

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PVA
Paralyzed Veterans of America
Lone Star Chapter

LONESTAR CHAPTER PVA

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TO ADVERTISE IN OUR NEWSLETTER OR TO WRITE AN ARTICLE:
Sonya@Lspva.org

The Lone Star Chapter, Paralyzed Veterans of America is a non-profit organization. All voting members of Paralyzed Veterans of America have sustained spinal cord injury, disease or dysfunction, MS, or ALS, and are veterans. Any article that appears in this magazine are the opinion of the author and may not represent its officers, Board of Directors or the national organization. The Lone Star Chapter, Paralyzed Veterans of America Magazine is published quarterly. The editor or assistant has the right to edit articles, add content as needed.

Office Addresses
Lone Star Chapter, PVA
3925 Forest Lane
Garland, TX 75042
972-276-5252
www.mylspva.org

LSPVA Thrift Store
214-324-5026

Dallas VA SCI/SCD Unit
SCI, AO 214-857-1758
Outpatient Clinic
214-857-1782
Inpatient Clinic
214-857-1762
Prosthetic's
214-857-0548
Wheelchair Repair
214-857-0550
Internet Café
214-857-5075
Telecare
800-677-8289
Medication Refils
800-849-3594

Dallas Office Service Officers
NSO: Jermaine Cohen
Administrator: Zelda Herrera
Dallas VA Medical Center
4500 S Lancaster Rd
Dallas, TX 75216
214-857-0105 214-857-0106

Waco Regional Office
NSO: Dan Mecke
NSO: Ty McWhorten
One Veterans Plaza 701 Clay Rm 115
Waco, TX 75799
254-299-9944

Fort Worth VA Outpatient Clinic
2201 SE Loop 820
Fort Worth, TX 76119
817-335-2202

Tyler VA Primary Care Clinic
3414 Golden Rd.
Tyler, TX 75701
903-590-3050

Bonham SCI Clinic
1201 East 9th St
Bonham, TX 75418
903-583-2111
903-583-1330

Temple SCI Clinic
1901 Veterans Memorial Dr
Temple, TX 76661
254-778-4811

PVA National Office
1875 Eye St NW Suite 1100
Washington, DC 20006



Lone Star Chapter Paralyzed Veterans of America

Our Mission

Quality health care for its members and veterans

Ensure its members that they will receive education addressing their spinal cord injury or dysfunction.

Ensure its members get help in securing benefits as a result of their military service.

Ensure its members that their Civil rights and opportunities are met to maximize their independence.

To assist veterans and members in adaptive sports, recreation, and activities at all ability levels.

To enable LSPVA to continue to honor this commitment, we must recruit and retain members who have the experience, energy, dedication and passion necessary to help guide the organization and ensure adequate resources to sustain the programs essential for LSPVA to achieve its mission.

With your generous support, we provide our services free of charge for veterans with spinal cord injury and disease.



I hope everyone is doing well and in good spirits. Also, I hope everyone is enjoying the change in the weather and getting outside of the house and having a fun time.

We have a new SCI doctor at the SCI clinic, and her name is Dr. Kim and she will be a terrific addition to the SCI team. She previously worked at Walter Reed hospital in the SCI clinic. Dr. Kim, brings a tremendous amount of knowledge in caring for SCI patients. Welcome to SCI here in Dallas Dr. Kim.

The Long-Term Care center is coming along as planned. So far, no major setbacks in the construction. They are going to start hiring in January 2027 and I've heard it is going to take 140 employees to staff the LTC facility. The LTC center is expected to open in October 2027.

Thanks,

Steve Stevens

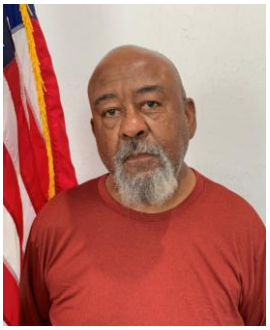
Executive Director, LSPVA



A Special Thank You

LSPVA would like to thank our wonderful volunteers. Thank you so much for all you do! LSPVA appreciates you!











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Christmas Dinner & Party

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DINNER * PRIZE RAFFLE * UGLY SWEATER CONTEST

SATURDAY
DECEMBER | 12 | 2:30-4:30 PM

MUST RSVP BY DEC 1ST 972-276-5252

PLEASE BRING AN UNWRAPPED TOY FOR CHARITY



pva chapter roster PN

ARIZONA

Arizona PVA
1001 E. Fairmount Ave.
Phoenix, AZ 85014
800-621-9217
602-244-9168
www.azpva.org

CALIFORNIA

Bay Area & Western PVA
3801 Miranda Ave. (MC 816)
Bldg. 7, Rm. E-118,
Palo Alto, CA 94304
800-273-6789
650-858-3936

California PVA
5901 E. 7th St.
Bldg. 150 Room R-204
Long Beach, CA 90822
562-826-5713
www.bawpva.org

Cal-Diego PVA
VAMC, Rm. 1A-118
3350 La Jolla Village Dr.
San Diego, CA 92161
858-450-1443
www.caldiegopva.org

COLORADO

Mountain States PVA
12200 E. Iliff Ave. #107
Aurora, CO 80014-5376
303-597-0038
303-597-0039 (fax)
www.mscpva.org

DELAWARE

Colonial PVA
700 Barksdale Rd. Suite 2
Newark, DE 19711
888-963-6595
302-861-6675 (fax)
www.colonialpva.org

FLORIDA

Central Florida PVA
2711 S. Design Ct.
Sanford, FL 32773-8120
407-328-7041
407-328-7139

Florida PVA
3799 N. Andrews Ave.
Fort Lauderdale, FL 33309
954-565-8885
954-565-8843 (fax)

Florida Gulf Coast PVA
15435 N. Florida Ave.
Tampa, FL 33613
800-397-6540
813-264-6285 (fax)
www.floridagulfcoastpva.org

GEORGIA

Southeastern PVA
4010 Deans Bridge Rd.
Hephzibah, GA 30815
706-796-6301
706-796-6338

ILLINOIS

Vaughan PVA
2235 Enterprise Dr., Ste. 3501
Westchester, IL 60154
800-727-2234
708-947-9790
708-947-9755 (fax)
www.vaughanpva.org

IOWA

Iowa PVA
7025 Hickman Rd. Ste. #1
Urbandale, IA 50322
515-277-4782
www.iowapva.org

KENTUCKY

Kentucky-Indiana PVA
2835 Holmans Lane
Jeffersonville, IN 47130
502-635-6539
www.kipva.org

MASSACHUSETTS

New England PVA
1208 VFW Parkway, Ste. 301
West Roxbury, MA 02132
800-660-1181
617-942-8678
857-203-9685 (fax)
www.newengland.org
info@newenglandpva.org

MICHIGAN

Michigan PVA
46701 Commerce Center Dr.
Plymouth, MI 48170-2475
248-476-9000
chapterhq@michiganpva.org

MINNESOTA

Minnesota PVA
1 Veterans Dr.
SCI-Room 238
Minneapolis, MN 55417
612-467-2263
612-726-9472 (fax)
mnpva.org

MISSISSIPPI

Bayou Gulf States PVA
Bldg.1 Rm.1B-114
400 Veterans Ave.
Biloxi, MS 39531
228-206-1515
228-206-3118 (fax)
bayougulfstates@cableone.net

MISSOURI

Gateway PVA
1311 Lindbergh Plaza Center
St. Louis, MO 63132
314-427-0393
314-427-4183 (fax)
www.gatewaypva.org

NEBRASKA

Great Plains PVA
7612 Maple St.
Omaha, NE 68134-6502
402-398-1422

NEVADA

Nevada PVA
704 S. Jones Blvd.
Las Vegas, NV 89107
702-646-0040
702-646-3712
www.nevadapva.org

OHIO

Buckeye PVA
2775 Bishop Rd Suite B
Willoughby Hills, OH 44092
216-731-1017

OKLAHOMA

Mid-America PVA
6108 NW 63rd St., Ste. A
Oklahoma City, OK 73132
405-721-7168

OREGON

Tri-State PVA
3700 Silverton Rd., NE
Salem, OR 97305
800-333-0782
503-362-7998
tristatepva.org

PENNSYLVANIA

Keystone PVA
1113 Main St.
Pittsburgh, PA 15215-2407
800-775-9323
412-781-2474
412-781-2659 (fax)
keystoneparavets@gmail.com

PUERTO RICO

Puerto Rico PVA
812 Iturregui
PO Box 366571
San Juan, PR 00936-6571
787-776-6055
pvapuertorico@gmail.com

SOUTH DAKOTA

North Central PVA
209 N. Garfield
Sioux Falls, SD 57104-5601
800-505-4782
605-336-0494

TENNESSEE

Mid-South PVA
VAMC, Rm. 2D100
1030 Jefferson Ave.
Memphis, TN 38104
901-527-3018

TEXAS

Lone Star PVA
3925 Forest Ln.
Garland, TX 75042
800-583-5252
972-276-5252
lspva@lspva.net

Texas PVA
6418 FM 2100 Rd.
Crosby, TX 77532
800-933-4261
713-520-8782
713-520-8217 (fax)

VIRGINIA

Mid-Atlantic PVA
11620 Busy St.
Richmond, VA 23236
800-852-7639
804-378-0017
804-378-0026 (fax)

WASHINGTON

Northwest PVA
616 SW 152nd St., Ste. B
Burien, WA 98166
800-336-9782
206-241-1843
206-433-0749 (fax)

WEST VIRGINIA

West Virginia PVA
336 Campbells Creek Dr.
Charleston, WV 25306
304-925-9352

WISCONSIN

Wisconsin PVA
750 N. Lincoln Memorial Dr., Ste. 306
Milwaukee, WI 53202-4018
800-875-9782
414-328-8910
414-328-8948 (fax)

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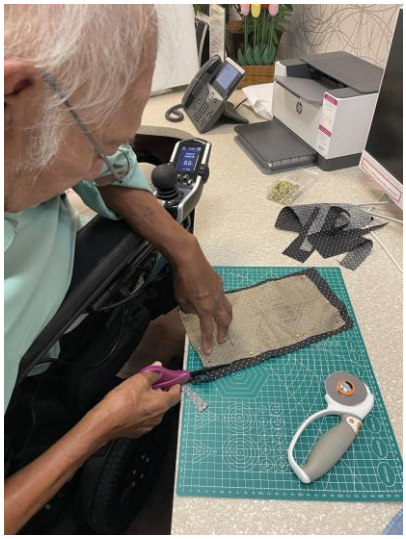




Adaptive Sports & Recreation *FUN* with Anna!















VA | U.S. Department of Veterans Affairs
Veterans Health Administration
VA North Texas Health Care System

Recreation Therapy Service

...changing lives through Recreation and Creative Arts Therapies

Recreational Therapy Service Contact List

National Veterans Wheelchair Games
- Anna Martin, CTRS: 469.316.0622
- Kelsi Rivera, CTRS: 972.802.1806

Golden Age Games
- Cameron Green, CTRS: 682.415.2961
- Sandra Wollerton, CAFI, TRA: 214.857.0518/6445
- Carissa Blackman, CTRS: 430.247.9690

Winter Sports Clinic
- Cara Hodges, CTRS: 469.456.9440
- Kaitlyn Kelton, CTRS: 214.236.5724

Creative Arts Festival
- Robert Hampton, CTRS: 682.364.3425
- Ruth Hook, MT - BC, MBA 903.486.9552

National Disabled Golf Clinic
- Cara Hodges, CTRS: 469.456.9440
- Caressa Blackman, CTRS: 430.247.9690

PVA
Paralyzed Veterans of America

Volunteer Time Sheet

Paralyzed Veterans of America

Membership & Volunteer Program

1875 Eye Street, NW, Suite 1100 * Washington, DC * 20006

888-838-7782 * Direct Membership Line

First Name: _____ Last Name: _____

Volunteer Identification Number: _____ Month: _____ Year: _____

Chapter Name: _____

Program Code Numbers

1. Service
2. Advocacy/Housing/Barrier-free Design/Employment
3. Research
4. Administration/Secretarial* (*Chapter Totals Only*)
5. Legislation
6. Hospital Liaison
7. Attendant Program
8. Sports
9. Fundraising* (*Chapter Totals Only*)
10. Membership
11. Other
12. Executive Committee* (*Chapter Totals Only*)

**Work performed in program codes 4, 9, and 12 can only be included as service for the chapters*

Date	Program Code	Assignment Description	Hours	Points	Supervisor Signature

Volunteer's Signature _____ Date _____

Volunteer Coordinator's Signature _____ Date _____

ADVERTISE WITH THE LONE STAR CHAPTER PVA

Ad Size	Rate Per Issue
Business Card (2 x 3 ½)	$30
¼ Page Vertical (3 ½ x 4 ¾)	$50
¼ Page Horizontal (7 ½ x 2 ½)	$50
½ Page (7 ½ x 4 ¾)	$125
Full Page (7 ½ x 9 ¾)	$250

Are you looking to get your business or information to the Paralyzed Veteran, MS, and ALS Community? Look no further than advertising with the Lone Star Chapter Newsletter. Our newsletter is published quarterly with an online version we place on our website, and your ad will also be on the front page of our website. Your ad also includes one email blast to all of our members. If you're interested in placing an ad, please call 972-276-5252 or email Sonya@Lspva.org

BINGO!

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972-272-5651
Longhornbingo.com



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OCTOBER

James Foster
Gerald Cox
Larry Ripaldi
Terry Dunnam
Cynthia Hale
Donald Bridschge
Terry Cotton
Brian Reaux
Benjamin Canaba
Sue Bisher
Sean Parson
Brian Pawlowski
Maria Dwyer
Gary Norton
Jared Schmidt
Vance Johnson
James Bishop
Richard Mahaney
William Fischer
Ray DelBosque
Troy Pruett
Michael Fuller
Richard Bishop
Rocky Hand
Alfred Ackenheil
Earnest Lander

NOVEMBER

Keith Dunnington
John Ryan
Henry Stark
Carlos Gonzales
Jason Morgan
Glendon Bentley
Juan Hernandez
Johathan Merchant
Melvin Hasenyager
Ronald Roland
Arlene Salazar
James Howard
Harold Markham
William Glenn
Anthony Mitchell
Gary Bybee
Aaron Sears
Keith Hogeland
Untyon Shallow
Mack Wright
Clark Campbell
Stuart Saint
John Cooper
Michael Kuchinsky
Joshua Holm
Adam Williams
William Walker

DECEMBER

Stanley Gordon
Phillip Daniel
Gary Zuspann
Max Baxter
Lewis Merrell
Judy Curry
Mike James
James Methvin
William Saladin
Geok Madewell
Michael Little
Thomas Colombrito
Louis Harris
Laura Jeanne
Robert Butler
Guy Johnson
Bruce Rodgers
Robert Ronquillo
John Hanks
Vernon Jackson
Benjamin Hetrick
Tonya Andrews
Karmon Slaydon
Therease Weaver
John Brookshire
Michael Shook
Jocelyn Blackwell
Kimberly Marcisz
William Rogers
Warren Crutcher
Jesus Gonzales Charles
Watkins
Kevin Burkey
Nicole Coleman



LSPVA LOAN CLOSET

Lone Star Chapter PVA is now offering the use of durable medical equipment to our members as well as the rest of the community. All of our equipment has been gently used and is in good condition.

Some examples of items available for loan are:
1 Cane
1 Crutches
2 Walkers
4 Manual Wheelchairs
1 Transfer Seat
1 Knee Scooter
2 Powerchairs

If you are interested in borrowing equipment please contact us. 972-276-5252