



# Lone Star Paralyzed Veterans of America

Magazine

January - March 2022

## *What's Inside*

*Letter from our ED...3*

*Loan Closet...4*

*Washington Updates...5*

*Rewalk...6*

*Attention Veterans...7*

*Caregiver Article...8*

*Pro Bed...9*

*Point System...10*

*DMV News for Vets...11*

*Adaptive Sports...12*

*Article...13*

*Forms...15*

*Birthdays...18*

*2021 Highlights...19*

*Indego...20*

*Our New Office...21*

*Bingo...22*



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**TEMPLE SCI CLINIC**

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1901 Veterans Memorial Dr., Temple, Texas 76661  
Phone: 254-778-4811

**BONHAM SCI CLINIC**

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**Paralyzed Veterans  
of America**

Lone Star Chapter

**LONE STAR CHAPTER  
PARALYZED  
VETERANS OF AMERICA  
MAGAZINE**

**NEWSLETTER EDITOR:**

**SONYA COGAN**

**972-276-5252**

**CONTACT SONYA IF YOU  
WANT TO PLACE AN  
ARTICLE**

**IN TO THE NEWSLETTER**

Articles can be emailed to:

**Sonya@lspva.net**

**To receive your copy call:**

**972-276-5252**

The Lone Star Chapter, Paralyzed Veterans of America is a non-profit organization. All voting members of Paralyzed Veterans of America have sustained spinal cord injury, disease or dysfunction and are veterans.

Any article that appears in this magazine are the option of the author and may not represent it's officers, Board of Directors or the national organization. The Lone Star Chapter, Paralyzed Veterans of America Magazine is published quarterly. The editor or assistant has the right to edit articles, add content as needed. The office of the Lone Star Chapter, Paralyzed Veterans of America Magazine is located at 3925 Forest Lane, Garland, TX, 75042.

## Lone Star Chapter Paralyzed

### Veterans of America

#### Chapter Mission Statement

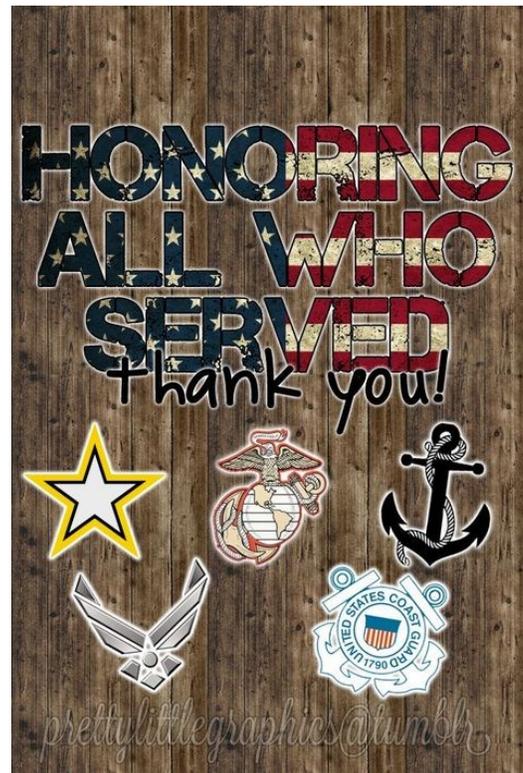
The Lone Star Chapter Paralyzed Veterans of America, a congressionally chartered veteran service organization established August 19, 1989 is locally involved in the support of its members or veterans who served in the armed forces that have experienced spinal cord injury or dysfunction.

#### Our Mission

#### Lone Star Chapter Paralyzed Veterans of America Advocates For:

- Quality health care for its members and veterans
- Ensure its members that they will receive education addressing their spinal cord injury or dysfunction
- Ensure its members get help in securing benefits as a result of their military service.
- Ensure its members that their Civil rights and opportunities are met to maximize their independence.

To enable LSPVA to continue to honor this commitment, we must recruit and retain members in the North Texas area, who have the experience, energy, dedication and passion necessary to help guide the organization and ensure adequate resources to sustain the programs essential for LSPVA to achieve its mission.



Like our Newsletter? Check out our website and like us on Facebook. Keep up with all the happenings, we update daily. Stay in the know!

[www.mylspva.org](http://www.mylspva.org)



Please remember to turn in your volunteer hours by the 10th of every month.

If you don't turn them in national won't count it, and won't let us back date.

You must contact us with your hours every month if you want the credit.

972-276-5252    [Sonya@Lspva.net](mailto:Sonya@Lspva.net)

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## **Glen Bentley**

### **Executive Director Lone Star Chapter**

Let start by saying “Happy New Year’s 2022!!” As many of you know we have had another unusual and busy year in 2021. It started with the continued crisis of Covid and the need to be vaccinated and/or stay home for work and schooling. Well here at the chapter, we had a few unusual event that affected us. We all experienced the storm of February 2021, and the chapter was not exempt. During that freeze the chapter lost power and we were unable to get to the office because of the snow and ice on the roads. Unfortunately our water pipes broke and the chapter was flooded with over 30,000 gallons of water and we had six inches of water throughout the building. We arrived 4 days later when the roads were safe and we were welcomed with the water damage from hell. It took the water mitigation crew three days to pack all our salvageable items, depose of all the damage furniture (which was 95%) and get the building dried out. Needless to say, we were forced back to working from home for another six months as the construction crew rebuilt our office space. Fortunately for us we were able to continue to operate the chapter at a reduced rate and file all the necessary paperwork through our insurance to rebuilt and replace just about everything. Now we have a brand newly remodeled office and boy does it look different. If you are ever in the area, please stop in and we would be happy to show you around, although we are still unpacking some boxes. We are so excited to be back and we look forward to continuing to operate the chapter at 100% in 2022.

Another item that is worth mentioning is that the Texas state laws on Disable Veterans License plates has changed. Effective 1 September 2021 Texas DV license plates without the International Handicap Symbol on the license plate cannot park in a handicap parking space without a hanging placard displayed. Law enforcement was giving courtesy warning tickets for this till 1 January 2022, and after 1 Jan 2022 they will start issuing parking violation ticket for DV tags without the placard on display. We did reach out to the DMV and as of this newsletter they haven’t started making DV tags with the International Handicap Symbol on them yet, but stated once they are available qualifying veterans can exchange their current DV tags for the new ones. We will keep you updated, but in the meantime use your placards please.

On a sad note we lost an true friend to the chapter and all the veterans who use the Dallas VA SCI Center. On November 30, 2021, Ms. Ester Pierce passed away in Duncanville, Texas. Many of you know her as Ms. Ester who was the desk clerk at the Dallas SCI Out-Patient Clinic and who you checked in with when coming to an appointment. She was the mainstay in that clinic form the time it opened in 1996 until her retirement in 2014. In all she put in over 30 years working for the VA hospital and she was also a proud Air Force veteran. MS, Ester was PVA Family and we will miss her, Rest in Peace Ms. Ester you were loved and respected by all.

In 2022 if all goes as planned PVA national and the VA are still planning that the 2022 National Veterans Wheelchair Games are held in person in Scottsdale, AZ in July 2022. We are looking forward to sending out veterans back to the games this year and if there are anyone who wishes to go, please go to the website at [wheelchairgames.org](http://wheelchairgames.org) to check it out and also let the chapter know if you are requesting sponsorship from the chapter.

In closing I want to again say that this is your chapter, and if there is anything that you feel we need to improve or do, please feel free to contact us. We are more than happy to take any and all request to our Board of Directors and make this a great chapter.



# PVA Loan Closet

Lone Star Chapter PVA is now offering the use of durable medical equipment to our members as well as the rest of the community. All of our equipment has been gently used and is in good condition.

## **Some examples of items available for loan are:**

Canes  
Crutches  
Walkers  
Power Wheelchair  
Manual Wheelchair  
Transfer Seats  
Shower Chair

LSPVA always appreciates items in good, clean, usable condition.

If you are interested in borrowing equipment or donating items please contact us. 972-276-5252



Paralyzed Veterans  
of America

Produced by the Paralyzed Veterans of America • Government Relations Department

# Washington UPDATE

*Recent news regarding legislation and regulatory actions affecting veterans and people with disabilities.*

## A Few Highlights

**To read each Washington Update in full please  
go to [www.pva.org](http://www.pva.org)**

**CONGRESS APPROVES VA BENEFIT INCREASE**

**VA ISSUES INTERIM FINAL RULE EXTENDING CAREGIVER ELIGIBILITY FOR  
LEGACY PARTICIPANTS AND LEGACY APPLICANTS**

**RECONCILIATION PROVISIONS AND PEOPLE WITH DISABILITIES**

**HOUSE VETERANS' AFFAIRS COMMITTEE APPROVES SPENDING  
RECOMMENDATIONS**

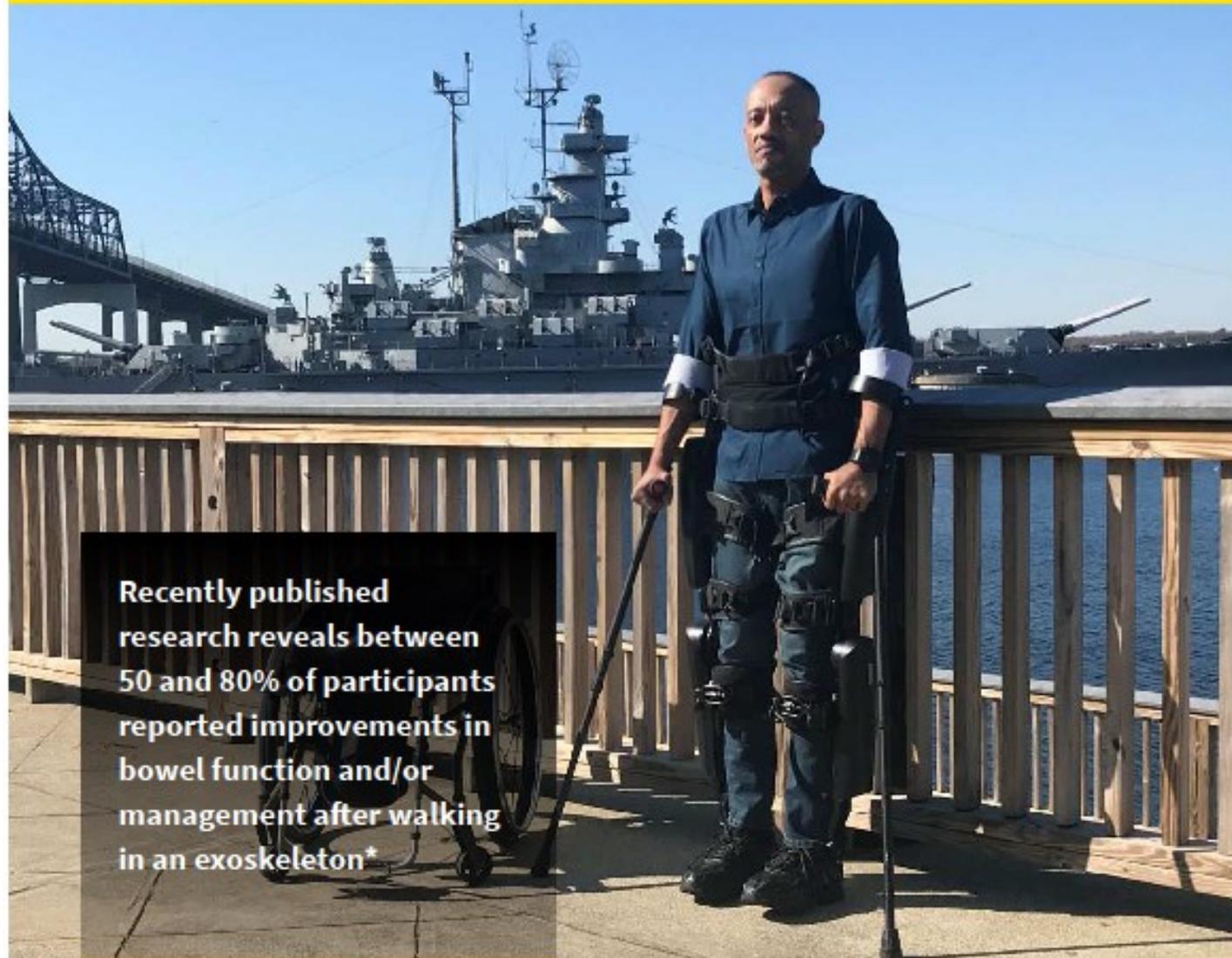
**JUSTICE FOR ALS VETERANS ACT OF 2021 INTRODUCED IN HOUSE**

**Jobs Report for People with Disabilities Reflects Gains**

**PVA JOINS IATA MOBILITY AIDS ACTION GROUP**



## Want To Improve Your Bowel Function?



Recently published research reveals between 50 and 80% of participants reported improvements in bowel function and/or management after walking in an exoskeleton\*

**Did you know Paralyzed US Veterans May be Eligible for a ReWalk Personal Exoskeleton?**

Contact ReWalk for more Information:  
[rewalk.com/contact](https://rewalk.com/contact) or  
**508.251.1154** option 2

\*Chan A, et al. Changes in bowel function following exoskeletal-assisted walking in persons with spinal cord injury: an observational pilot study. *Spinal Cord*. 2020;58(4):459-466.



# Attention Veterans

During a medical emergency, Veterans should immediately seek care at the nearest medical facility. A medical emergency is an injury, illness or symptom so severe that without immediate treatment, an individual believes his or her life or health is in danger. **If a Veteran believes his or her life or health is in danger, call 911 or report to the nearest emergency department right away.** Veterans do not need to check with VA before calling for an ambulance or going to an emergency department. During a medical emergency, VA encourages all Veterans to seek immediate medical attention without delay. It is, however, important to promptly notify VA within 72 hours of presenting to the emergency room. Please save this number in your phone and call within 72 hours to notify them. **(844-724-7842)**



# VA Caregiver Support Program (PCAFC)

By: Ty McWhorter, SNSO, Waco, Tx

VA has many services to help our nations veterans try to return to a normal life and remain independent. One such service VA offers for the veteran and his/her caregiver is called the Family Caregivers (PCAFC). This program is designed to help provide the veteran the type of support that's right for the veteran, the caregivers situation.

The Program of Comprehensive Assistance for Family Caregivers (PCAFC) is for Veterans who are service connected for a serious injury or illness on or before May 7, 1975, or on or after September 11, 2001. The program provides resources, education, support, a financial stipend, and health insurance, and may provide beneficiary travel.

Veterans can be eligible for this clinical program (PCAFC) which will assist veterans who have sustained or aggravated a serious injury or serious illness while on active-duty service, on or before May 7, 1975, or on or after September 11, 2001; and meets the criteria. The applicable eligibility criteria for veterans are they must have a single or combined service-connected disability rating from the VA of 70 percent or more and need personal care services for a minimum of six continuous months based on the inability to perform an activity of daily living and or requiring the need for supervision, protection, or instructions. Personal care services are the need for in-person personal care.

Other services that this program may offer to an approved veteran is, a veteran can select one (1) primary (main) caregiver and up to two (2) secondary caregivers. Secondary caregivers serve as a backup support to the primary caregiver when needed. The benefits and services you receive will depend on whether you are the primary or secondary caregiver.

Primary caregivers may receive a monthly stipend that will be paid directly to them. They will have access to health care insurance through civilian health and medical programs of the Department of Veterans Affairs (CHAMPVA), as long as you do not already have health insurance. They will have access to mental health counseling, and they can be authorized certain beneficiary travel benefits to appointments. To get the specificity of the details you will need speak with the caregiver support coordinator. If you are the primary caregiver, you will get at least 30 days of respite care per year, for the veteran. This is short term relief for someone else to care for the veteran while you take some time off. Secondary caregivers may receive mental health counseling and certain beneficiary travel benefits and may also receive at least 30 days of respite care per year for the veterans...

The caregiver and the Veteran will need to apply together and participate in an application process to determine eligibility for the Program of Comprehensive Assistance for Family Caregivers. You'll both need to sign and date the application and answer all questions for your role. They can apply by mail by filling out a joint Application for the Program of Comprehensive Assistance for Family Caregivers (VA Form 10-10CG). **Do not send medical records along with the application.** For more details on the program, you may speak a local caregiver support coordinator, Veteran Service Organization, or visit [https://www.caregiver.va.gov/support/support\\_benefits.asp](https://www.caregiver.va.gov/support/support_benefits.asp).

# TAKE CONTROL OF YOUR HEALTH!

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**LATERAL ROTATION**



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## LSPVA Uses a Point System for Members Wanting Funding to an Event

We will be using the point system for anyone who is wanting funding for an event. In order to get funding for an event you **MUST** volunteer and turn in your time sheets to Sonya. You may download a time sheet on our website and be sure to turn in before the 10th of every month.

### Here are few examples of ways to volunteer and points you will earn.

<b>Example Activity</b>	<b>Points</b>
Volunteer at an official LSPVA event.....	20
Attend a Memorial or Funeral with Honor Guard.....	15
Write an (approved) original half page article for our newsletter.....	15
Sign up a new LSPVA member (PVA Employees not eligible).....	25
Chair an active committee of the LSPVA.....	25
Attend a monthly BOD meeting as a non board member.....	15
Direct individual fundraising efforts. Get 5 points for every \$50 raised.	

Please note in order for the volunteer to receive 100% funding to attend an event, the volunteer must have earned 100 points one month prior to the upcoming event. Points and funding are in percentages i.e. 50 point receive 50% funding, 25 points receive 25% funding, etc. Examples of approved events include, fishing tournaments, trap shoots, Golden Age Games, Wheel Chair Games, hand cycling, and Boccia.

For more information please call 972-276-5252



**Media Contact:** [Media@TxDMV.gov](mailto:Media@TxDMV.gov)  
(512) 465-1484

**Customer Contact:** [AskDMV@TxDMV.gov](mailto:AskDMV@TxDMV.gov)  
1-888-368-4689

## Changes to Disabled Veteran License Plates Coming in 2022

### *Disabled Veteran Plates with the International Symbol of Access will be Available*

(AUSTIN, Texas – August 26, 2021) A new state law will change the requirements for Texans with disabled veteran license plates who wish to park in spaces reserved for persons with disabilities.

[Senate Bill 792](#) requires that as of Jan. 1, 2022, anyone parking in a disabled parking space must have a license plate or a disabled parking placard that features the International Symbol of Access (ISA). Currently, disabled veteran license plates do not feature the ISA, and all Texans with these plates are permitted to use disabled parking.

Texans with disabled veteran plates wanting to use disabled parking spaces beginning in 2022 may apply for a disabled parking placard or for a new disabled veteran license plate with the ISA if the veteran meets the eligibility requirements for an ISA after Jan. 1, 2022. Applicants may submit their paperwork at their local county tax assessor-collector's office. Current placards will remain valid; however, the new requirements must be met at time of renewal.

#### **Eligibility for Disabled Parking Placards or License Plates with the International Symbol of Access**

Placard and plate eligibility is based on a medical condition that meets the legal definition of a disability. "Disability" means a condition in which a person has:

- Visual acuity of 20/200 or less in the better eye with correcting lenses.
- Visual acuity of more than 20/200 but with a limited field of vision in which the widest diameter of the visual field subtends an angle of 20 degrees or less.
- Mobility problems that substantially impair a person's ability to move around; these problems can be caused by:
  - Paralysis.
  - Lung disease.
  - Uses portable oxygen
  - Cardiac deficiency.
  - Wheelchair confinement.
  - Arthritis, neurological, or orthopedic condition.
  - Foot disorder.
  - Other medical condition causing a person to use a brace, cane, crutch or other assistive device.

A parking placard or plate with the ISA is only valid when being used by the person with the disability or someone who is driving the person with the disability.

It is a violation of state law to use the placard or plates for a disabled parking spot without the person with the disability in the vehicle. People who misuse disabled parking placards are subject to fines of up to \$1,250 and/or up to 50 hours of community service.

Are you interested in air rifle, shuffle board, bocchia, or other fun activities? If so, please call Shannon at 214-316-6966 or email, [Shannon.O'Rawe@va.gov](mailto:Shannon.O'Rawe@va.gov) and come join the fun!



## **Benefits of Adaptive Sports:**

Identification of leisure barriers and adaptations

Increased activity tolerance increased endurance

Increased active range of motion

Improved overall strength

Increased gross motor upper & lower extremity movement

Increased adaptation to physical barriers

Increased awareness of positive benefits of physical activity on quality of life.

Increased sense of independence through improved physical skills.

# Why Is My Compensation Appeal Taking So Long?

Dan Meckel, Senior NSO

Many Veterans are finding that their appeals are dragging on and on and that, perhaps, the new Appeals Modernization Act (AMA) is not living up to its agreement on the resolution of appeals. This is partly true. However, it is the old program of appeals, legacy appeals, that are holding up AMA's move forward.

Veterans often find themselves not agreeing with the compensation decisions made by the Department of Veterans Affairs. Should we disagree with their decision, we reserve the right to appeal that decision to a higher authority. AMA, which began in February 2019, informed Veterans that a targeted time period of one year was the maximum amount of time for appeal resolution through the Board of Veterans Appeals (BVA). The hold up, however, has been with longstanding legacy appeals. A legacy appeal is any appeal filed *prior* to the start of AMA and resolved under the old process with submission of a VA Form 21-0958 for a Notice of Disagreement (NOD). BVA is committed to the completion of all legacy appeals before going full-in on AMA appeals. Unfortunately, there are still thousands of legacy appeals still pending.

The main facets of a legacy appeal, that is important to the Veteran, are grants, denials and remands. Grants are what we all want from BVA but many times the appeal is denied. As part of due process under federal law, once the claim is denied by BVA, Veterans have 120 days in which to continue their appeal with the US Court of Appeals for Veterans Claims (CAVC). CAVC can then grant, deny or remand the claim.

Remand of the claim back to the area of jurisdiction (AOJ) is the primary reason for the delay in resolving legacy appeals at the BVA level as they require additional time to meet the instructions from the Board. When BVA remands a claim, it may be for a number of reasons but primarily, it is due to BVA instructing the AOJ to further develop the claim so that all legal elements are met. BVA may instruct the AOJ, or regional office (RO), to order exams and provide a word-for-word medical opinion to be asked of the examiner. It may mean instructing the AOJ to ask for medical records from a certain period of time. Whatever the instructions from the board, all of this is federally mandated due process hard at work to ensure the Veteran is given every opportunity for a full grant of benefits sought under appeal.

If an appeal is remanded for an exam and medical opinion, and that medical opinion is negative, then the legacy appeal returns to BVA. However, prior to arriving at BVA, Veterans Service Representative (VSO) organizations have an opportunity in which to make their argument to BVA in favor of the Veteran by submitting an informal hearing presentation (IHP). Most VSO organizations have their own people that are lawyers or legal experts to make a more informed argument while applying case law and legal explanations in hopes of getting a grant *or* getting the appeal once again remanded for further development. As you can see, a good representative can keep the appeal going before the board for an inordinate amount of time to better serve their Veteran.

Due to the amount of focus spent on resolving legacy appeals, AMA appeals have been dwindling in the background for some time now. AMA appeals are still being worked, but many of the appeal resources, both at BVA and in the RO's, has been tasked to primarily or *only* work on legacy appeals. The VA has taken most appeals case workers from there locations at nearly every RO and moved them to just 8 RO's throughout the country. This provides the VA and the Veteran with more focused and experienced handling of the appeal in order to reach an expedited, but thorough, conclusion.

Why does it matter if it is an old appeal under legacy or a new appeal under AMA? The primary reason is access. Legacy appeals are accessed and processed under VA programs that have been around awhile and will completely be removed from the system once there are no remaining legacy appeals. AMA appeals are accessed and processed under Caseflow which is a much more user friendly and thorough system or the accomplishment of certain criteria defined under AMA guidelines.

Although BVA has alluded to 365 days for the completion of appeals at BVA level under the AMA, that is a goal. Goals are often set but not always achieved. Once legacy appeals have been resolved and no longer remain in the VA systems, the VA, BVA and Veterans everywhere will much more to look forward to in the way of expedient processing of appeals.



Dan Meckel retired from the US Army in 2011 after 24 years. He previously worked for the Department of Veterans Affairs as a rating specialist and now serves as a National Service Officer for Paralyzed Veterans of America at the Waco Regional Office.



# PARALYZED VETERANS OF AMERICA

## ASSOCIATE MEMBERSHIP APPLICATION

*An individual is eligible for membership by meeting the following criteria: (1) is a citizen of the United States; (2) was regularly enlisted, inducted, or commissioned, and was accepted for or on active duty, in the Army, Navy, Marine Corps, Air Force, or Coast Guard of the United States or an ally of the United States; (3A) was separated from the service in the Armed Forces under conditions other than dishonorable; or (3B) is on active duty or must continue to serve after the cessation of hostilities; and (4) has suffered a spinal cord injury or disease (such as MS, ALS), whether or not service connected in origin. Membership is free. Complete and mail the application to: PVA Membership Department, 801 18th Street, NW, Washington, DC 20006 or to the chapter of choice. Providing the requested information is entirely voluntary but required for membership with PVA.*  
 800-424-8200 • www.pva.org

Chapter Name: \_\_\_\_\_

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Last 4 Digits of Social Security Number: \_\_\_\_\_  
month date year

Male  Female Are you a United States citizen?  Yes  No

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### VETERAN STATUS INFORMATION

DATE(S) OF MILITARY SERVICE		TYPE OF SEPARATION	BRANCH OF SERVICE
Start Date <small>month/date/year</small>	End Date <small>month/date/year</small>	Discharge (D) or Retirement (R)	DD214 required (attach a <u>copy</u> to application)
		<input type="checkbox"/> D or <input type="checkbox"/> R	<input type="checkbox"/> Still on Active Duty (DD214 Not Required)
		<input type="checkbox"/> D or <input type="checkbox"/> R	<input type="checkbox"/> Army <input type="checkbox"/> Air Force <input type="checkbox"/> Navy <input type="checkbox"/> Marine Corps <input type="checkbox"/> Coast Guard
		<input type="checkbox"/> D or <input type="checkbox"/> R	<input type="checkbox"/> Army <input type="checkbox"/> Air Force <input type="checkbox"/> Navy <input type="checkbox"/> Marine Corps <input type="checkbox"/> Coast Guard

Have you ever been discharged under conditions that are less than honorable?  Yes  No

Is your spinal cord injury or spinal cord disease service connected?  Yes  No

### DISABILITY CLASSIFICATION

#### SPINAL CORD INJURY

*(Complete ONLY if you have a traumatic spinal cord injury)*

Date of Injury: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Injury Level:  C1-C08 Cervical  T01-T12 Thoracic  
 L01-L05 Lumbar  S01-S05 Sacral

Cause of SCI:

- Vehicular (auto, motorcycle, aircraft, bicycle, etc.)
- Violence (gunshot, stabbing, explosion, etc.)
- Pedestrian (hit by car, etc.)
- Sport or recreation (swimming, diving, etc.)
- Flying or falling object
- Medical-surgical complications
- Other traumatic injury \_\_\_\_\_
- Unknown

#### SPINAL CORD DISEASE

*(Complete ONLY if you have non-traumatic spinal cord disease)*

Date of diagnosis/onset of condition:

\_\_\_\_ / \_\_\_\_ / \_\_\_\_

Specific disease:

- Multiple Sclerosis
- Poliomyelitis
- Amyotrophic diseases (lateral sclerosis, transverse myelitis)
- Syringomyelia
- Other (specify) \_\_\_\_\_

## LEVEL OF FUNCTION

Indicate your level of function:

- Paraplegia       Tetraplegia (Quad)       Hemiplegia       No paralysis at this time

## GENERAL INFORMATION (Optional, not required)

Please check the appropriate box or fill in the blank of each of the categories that best describes your present status. This important information enables the PVA to compile data for the effective implementation and support of our programs.

### EDUCATION (highest level)

- Less than high school graduate  
 High school graduate/GED  
 Some college or trade school  
 Associate's degree  
 Bachelor's degree  
 Attended graduate school  
 Graduate degree  
 Other \_\_\_\_\_

### CURRENT EMPLOYMENT STATUS

- Employed full time  
 Employed part time  
 Self-employed  
 Unemployed  
 Unemployed due to disability  
 Retired  
 Other \_\_\_\_\_

### MARITAL STATUS

- Divorced  
 Married  
 Never Married  
 Separated  
 Widowed

### RACE/ETHNICITY

- Asian or Pacific Islander  
 Black, not Hispanic/Latino origin  
 Hispanic/Latino  
 Native American or Alaskan Native  
 White, not Hispanic/Latino origin  
 Other \_\_\_\_\_

### TYPE OF RESIDENCE

- Apartment  
 Assisted living facility  
 Single-family home/condominium  
 State/veterans retirement home  
 Nursing home  
 VA hospital  
 VA nursing home  
 Other \_\_\_\_\_

### SOURCE(S) OF INCOME

(check all that apply)

- Employment  
 Gifts/Other  
 Private pension  
 Social Security  
 VA compensation  
 VA pension  
 Worker's compensation

The Veterans Benefits Department advocates for quality health care for our members and can assist you to obtain the appropriate benefits available as a result of your military service. Is PVA presently your benefits representative?  Yes  No

If yes, I have no objection and hereby permit PVA Service Officers to provide information to the PVA National Membership Department that pertains to my qualifications for membership.

I declare that I have read and meet the qualifications. I understand that my membership could be revoked if any information provided is inaccurate.

\_\_\_\_\_  
*Applicant's Signature*

\_\_\_\_\_  
*Date*

8/26/10

*Office Use Only*

*Date Received:* \_\_\_\_\_

*Member ID#:* \_\_\_\_\_

*Processed Date:* \_\_\_\_\_

Please have physician submit this statement on letterhead stationary.

\_\_\_\_\_ is a veteran who has a spinal cord injury or disease such as MS with spinal cord involvement, ALS, transverse myelitis etc. His/her neurological dysfunction is \_\_\_\_\_ ( eg. paraplegia, quadriplegia, Brown Sequard Syndrome , cauda equine syndrome etc. )

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Physician's Name

\_\_\_\_\_  
Physician's Title

\_\_\_\_\_  
Date Signed

# BIRTHDAYS

## January

Alta Greenslade	Charles McIntosh	Matthew Vinson	Nicole Kelly
Jim Sifers	Albert Claveran	Freddy Tamez	Chatherine Carter
Michael Burgess	Charles Johnson	Lauren Billings	Edward Graves
Christopher Cook	Lue Shelton	Michael Hayes	
Linda Adams	Gustine Rogers	James Burnett	
David Belcher	Jonathan Moody	Michael Rider	
Thomas Laurence	Tillmon Ward	John Bernhartsen	
Winford Anderson	William Lawson	Norm Robinson	
Bernd Dorflein	Gordon Burns	Robert Pinson	
Wayne Leavitt	Orval Hensley	Alan Phillips	
Kenneth Congelosi	Arther Duvall	Cedric Murphy	

## February

Joe Medrano	Gerald Marsh	Jarel Hutyra	Eddie Gomez
Donna Hendrickson	Kenneth Richardson	Robert Blatnik	Alfonson Reyes
Amy Duvall	Dan Wampler	Steven Sigmon	
Billy Thinnes	Bobby McCullough	David Henderson	
Charles Bruscano	Harvey Mackley	Joni Halford	
Stephen Smith	Eric Mullett	Danny Matula	
Donald Martin	Glenn Davis	Richard Singleton	
Quintin Stephens	Tamara Barrett	Jackie Jones	
Joe Lopez	Smiley Wallace	Randy Veasley	
James Cushman	Ruben Zapata	Michael Lucas	
Ronnie Turner	Alford Waites	Diane Barber	

## March

Sidney Odom	Greg George	Mikkel Hanson	Thomas Guinn
Kenneth Carden	Charles Clark	Deneen Cavett	Stephen Fornal
Angalee O'Dell	John Ames	Jason Burk	Susie Clark
Michael Bruscano	Sarah Walker	Robert Wolfe	Christopher Wolff
Clemon Atkins	Jon Duncan	Penny Owen	Debra Barker
Ray Jennings	David Moore	Jack Fanning	Henry Roe
Jose Flores	Michael Grigsby	Charles Strawn	Gerald Ward
Charles Allen	Sharon Williams	Dale Ward	Leo Prichard
Jay Brown	Ronelle Henderson	Chris Orahood	

# A Few Highlights from 2021



# Indego® Gets Paralyzed Veterans Walking Again



**NEW VA Program offers eligible veterans an Indego® exoskeleton at NO COST!**

## What's the Indego exoskeleton?

It's an FDA-approved robotic device that enables spinal cord injury patients (level T3-L5) to walk again.

- ✓ Regain your independence
- ✓ Improve your cardio & bone density
- ✓ Enjoy eye-level conversations again



Scan with your mobile phone to receive more information or schedule a demonstration.



Contact us today to find out if you are eligible to receive an Indego exoskeleton at no cost.

Phone: 844-846-3346

Email: [support.indego@parker.com](mailto:support.indego@parker.com)



The storm in February 2021 hit our office pretty hard. Due to freezing temperatures our pipes burst and leaked water throughout our entire building. We had to tear everything out and rebuild. Here's some before and after photos. It was a long challenging road but the good part is our building is updated and more wheelchair accessible now.



# BINGO!

COME HAVE A FUN EVENING OUT. FOOD,  
DRINKS, PRIZES AND MORE. SOMETHING  
FOR EVERYONE! COME JOIN THE FUN,  
DON'T MISS OUT!



ALL FULL PAY  
GAMES

**\$7,500**

PAID WEEKEND NIGHTS  
GUARANTEED

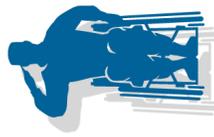
**\$5,000**

PAID WEEK NIGHTS  
GUARANTEED

**LongHornBingo.com**

4413 West Walnut St.  
#433 Garland, TX 75042

(972) 272-5651



**Paralyzed Veterans  
of America**

Lone Star Chapter

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**Longhorn Bingo**

**LONE STAR CHAPTER PARALYZED**

**Longhorn Bingo - 4413 W Walnut Suite 419  
- Garland TX 75042 -**